



# High 5



Run along the scenic Allegheny River in beautiful Warren County

**Warren, Pennsylvania**  
**May 1, 2010**  
**run with us**

Benefits the 5 Public Libraries of Warren County Targeting Teen Mental Health

Sponsored by:  
Allegheny Racers ~N~ Pacers

Web Site: [www.high5race.com](http://www.high5race.com)

Race Directors:  
Patty Gabreski [runnergirlpatty@gmail.com](mailto:runnergirlpatty@gmail.com)  
Shelley Nuhfer [freerunner1108@aol.com](mailto:freerunner1108@aol.com)

Professional finish by Miles of Smiles

5 Mile Challenging Run  
10:00 a.m.  
1.5 Mile Novice Run  
10:00 a.m.  
1.5 Mile Fun Walk  
10:05 a.m.  
Kid's Dasher

Strive for 5  
Mental Health Month

Physical  
Spiritual  
Social  
Mental  
Emotional Well-being



## Cinco de Mayo Festivities

fun food  
festive music  
run with the Bull!

**Races Start and Finish in the parking area of the Cancer Care Center of Warren General Hospital**

